

Emergency Message: Prevent Infection Clusters

◆ Do not bring in the virus from outside

Please be cautious of the following to avoid bringing the virus to the following places.

Medical institutions and social welfare facilities

- **Be cautious of your behavior** when visiting facilities with higher risks of infections and attending drinking parties.
- **Manage your health properly** by checking your temperature and wearing face masks. If you have a fever or other symptoms, **do not go to work; call and seek advice** from your family doctor.
- Urge contractors to take the same caution.
- As a general rule, avoid accepting visitors and allowing service users to go home or go out.
- Take part in the training by Certified Nurses in Infection Control dispatched to your facility.

Homes

- **Avoid** unnecessary and non-urgent **visits to areas where a surge in infections has been observed**, such as Osaka.
- **Avoid** unnecessary and non-urgent **outings**.
- **Be cautious of your behavior** when visiting facilities with higher risks of infections and attending drinking parties.
- **Pay attention to your health** and check your temperature every day.
- Avoid peak hours **when visiting shrines**, and do not stay long, speak loudly, or eat/drink on the premises.
- **Be sure to follow the** basic infection prevention guideline “**Hyogo Style**” that includes wearing face masks, washing your hands, practicing physical distancing, and avoiding the Three Cs (confined spaces, crowded places, and close contact).
- If you have a fever or other symptoms, refrain from going out (including commuting to work or school) and call and seek advice from your family doctor, a medical institution in your community, the consultation center for patients with fever in the public health center, or Hyogo Prefecture’s COVID-19 call center.

Workplaces

- Employers are requested to encourage their employees to take thorough infection prevention measures at **workplaces (in particular, company cafeteria, rest area, changing rooms, etc.)** and in dormitories, as well as during **after-work drinking events**.
- Employees must check their body temperature and wear face masks at their companies or facilities.
- Please implement measures to reduce in-person interactions, such as telecommuting and video conferences.

◆ Stop resurgence of infections

Be careful of the “Five Situations”

Please be careful of the following “**five situations**” with higher risks of infections, and **be conscious of your physical conditions and behavior afterward**.

1. **Attending drinking parties**
2. **Dining and drinking in groups or for long hours**
3. **Having conversations without face masks**
4. **Co-living in small spaces and sharing communal spaces**
5. **Socializing in common areas such as rest area, smoking area, and changing rooms**

Avoid outings

- **Avoid unnecessary and non-urgent visits to areas where a surge in infections has been observed**, such as Tokyo and Osaka. Young people should take extra caution.
- **All Hyogo citizens are requested to take utmost caution by avoiding unnecessary and non-urgent outings**. Elderly people and those with underlying conditions are requested to avoid unnecessary and non-urgent outings.
- **Avoid visiting facilities with higher risks of infections inside or outside of Hyogo that do not implement infection prevention measures** (in particular, eating and drinking establishments serving alcohol and/or providing individual customer services and karaoke parlors).
- When visiting eating and drinking establishments, please do so **in groups of four or less (excluding family members or caregivers)**.
- **Be cautious of your actions during, before, or after events** such as visits to shrines and coming-of-age ceremony, and **visiting facilities with higher risks**.

For eating and drinking establishments

- If you are part of the “Go To Eat” campaign, we request you to divide a group of guests into **smaller groups of four or less per table** (excluding family members and caregivers) by using **partitions, acrylic boards**, tables, etc. Those not part of the “Go To Eat” campaign are strongly requested to do so as well.
- Please thoroughly practice infection prevention measures based on each industry’s guidelines and put up the “infection control poster” indicating that your facility is taking proper measures.
- Please register for the “Hyogo new coronavirus tracing system,” and then download and post the QR code in visible places, such as on the tables and counters, of your facility.

The infection mitigation depends on the efforts of each and every one of you, working together with the strong will of “Together We Prevent, Together We Fight against COVID-19.” I would also like to express my sincere gratitude to essential workers, such as medical and social welfare workers who are protecting our health and everyday life. Let us overcome this crisis together.