

Take Caution to Prevent Another Resurgence!

The number of new cases in Hyogo Prefecture is increasing, especially among young people. This is the time of year when many people move on to higher education/employment or experience work transfers, and there may be opportunities for travels and parties. We request that Hyogo citizens, especially young people, continue to take thorough infection prevention measures, including vaccination. Make every effort to prevent another surge in infections, so that we can enjoy the Golden Week holidays.

1. Get vaccinated

- Vaccination is effective in preventing the onset and exacerbation of the disease. Young people who are moving on to higher education or employment are highly recommended to get vaccinated.
- Even if your address on the Certificate of Residence is not Hyogo Prefecture, you can get vaccinated at large-scale vaccination sites operated by the prefecture in Himeji City and Nishinomiya City as long as you have your vaccination voucher.

2. Avoid risky behavior

- If you have symptoms, such as fever and cough, refrain from going out and call and visit a medical institution.
- Avoid visiting crowded places at peak hours, and stay in small groups.
- Do not visit shops and restaurants that do not take thorough infection prevention measures. Do not drink alcohol on the streets or in the parks.

3. Thoroughly implement basic infection prevention measures

- Thoroughly implement basic infection prevention measures in everyday life, such as ventilating rooms regularly, wearing face masks properly, frequently washing or disinfecting your hands, keeping a safe distance from others, and avoiding the Three Cs (confined spaces, crowded places, and close contact).
- Dine quickly in small groups. When dining out, dine in groups of four or less per table in restaurants that are certified as taking proper measures (for restaurants that are not certified, go in a group of four or less). Be sure to wear face masks (non-woven masks are recommended) during conversations.
- Facilities that attract many visitors are requested to take thorough infection prevention measures, such as limiting the entry of visitors, urging them to wear face masks, and preventing droplets from spreading.